

Lunch Menu Week 1



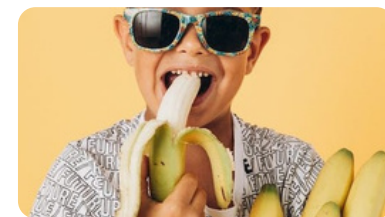
w/c 1 st June	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Red Pepper Soup	Tomato & Basil	Broccoli & Cheddar	Leek & Potato
HOT MAINS	Wholemeal pizza, Wedges & Beans 	Spanish Chicken Tray Bake with Wholegrain Rice & Green Beans	All Day Breakfast with Brown Toast	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread	Fish Fingers with Chips & Garden Peas
	Roasted Red Pepper Quiche with Salad 	Meat Free Burritos with Salad 	Tomato & Basil Pasta 	Twice Baked Jacket Potatoes with Beans 	Welsh Rarebit with Salad 
CHEF SPECIAL	Ask Chef about today's special!				
DESSERT	Ginger Biscuits	Flapjacks	Fresh Fruit Yoghurt Crunch pots	Pineapple & Coconut Sponge	Barabirith

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.
All menus are checked by a nutritionist and adhere to School Food Standards.

 Vegetarian
 Vegan
 Oily fish

Lunch Menu Week 2



w/c 8 th June	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea Soup	Chinese Sweetcorn
HOT MAINS	Cheese & Onion plate pie with New Potatoes & Peas 	Chinese Chicken Curry with Brown Rice, Green Beans & Prawn Crackers	Cumberland Sausage Slice with Wedges & Beans	Beef Chilli Tacos with Tortilla Chips & Salad	Fish Fingers with Chips & Garden Peas
	Cheesy Beans Pasta Bake 	Puy Lentil Shepherds Pie with Garden Peas 	Spicy Singapore Noodles 	Vegan Jambalaya 	Veggie Fingers with Chips & Garden Peas 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad	Rich 'Chocolate' Cookies	Apple Cake with Custard	Sticky Toffee pudding	Cheese & Crackers

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 3



w/c 15 th June		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Roasted Pepper	Chinese Sweetcorn
HOT MAINS	Vegetarian Chilli with Rice & Tortilla Chips 	Bonnie's Cajun Sunshine Pasta	Chef Daniel's Beef & Bean Quesadilla with Salad	Lentil & Sausage Ragu	Fish Fingers or Tandoori Salmon  with Chips & Garden Peas
	Broccoli & Cream Cheese Pasta Bake 	Cherry Tomato Quiche with Salad 	Cheese & Onion Plate Pie 	Vegetable Biryani 	Sri Lankan Sweet potato & Coconut Curry 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad	Scones & Cream	Sponge Cake Topped with Jam & Whipped Cream	Apple Turnovers	Cheese & Crackers

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 4



w/c 22 nd June		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Red Pepper Soup	Broccoli & Cheddar	Chef Choice
HOT MAINS	Vegan Ravioli in a Homemade Tomato Sauce with Crusty Bread 	Caribbean Jerk Chicken with Rice & Peas	Carbonara Wholemeal Penne Pasta Bake with Peas & Garlic Bread	Sausage & Mash with Carrots	Homemade Battered Fish with Chips & Beans
	Vegetarian Chilli with Brown Rice 	Spanish Omelette with Salad 	Vegetable & Rice Enchiladas with Salad 	Falafel Pitta 	Veggie Sausage Rolls with Chips & Beans 
CHEF SPECIAL	Ask Chef about today's special!				
DESSERT	German Apple Cake	Fresh Fruit Pavlova	Sticky Toffee Pudding	Shortbread	Rich 'Chocolate' Cookies

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 5



w/c 29 th June	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Roasted Red Pepper	Chinese Sweetcorn
HOT MAINS	Tomato & Basil Pasta 	Ham Roast Dinner with Seasonal Vegetables & New Potatoes	Caribbean Beef Curry with wholegrain Rice	Chicken Shawarma with Wrap and Salad	Fish Fingers or Tandoori Salmon with Chips & Garden Peas
	Red Pepper Quiche with Salad 	Vegetable Paella 	Pesto Pasta 	Quorn Mince Cottage Pie with Peas 	Veggie Burger in a Bun with Chips & Garden Peas 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Scones with Strawberries & Cream	Vanilla Cheesecake	Pineapple & Coconut Sponge	Oat Cookies	Cheese & Crackers

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 6



w/c 6 th July	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Leek & potato	Red Pepper Soup	Tomato & Basil	Chef Choice
HOT MAINS	Cheesy Beans Pasta Bake 	Chef Daniel's Beef & Bean Quesadilla with Salad	Chicken Korma with Rice, Green Beans & Naan Bread	WHolemeal Spaghetti Bolognese with Salad & Garlic Bread	Fish Cake or Fish Fingers with Chips & Mushy Peas
	Cherry Tomato & Cheese Quiche with Salad 	Asian Noodles 	Puy Lentil Shepherds pie 	Cheese & Onion Plate Pie with Peas 	Veggie Fingers with Chips & Mushy Peas 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Sponge Cake with Custard	Ginger Biscuits	Fresh Fruit Salad	Fresh Fruit Trifle	Cheese & Crackers

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 7



w/c 13 th July	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea Soup	Chinese Sweetcorn
HOT MAINS	Broccoli & Cream Cheese Pasta Bake V	Jewel's Chicken Karahi with Wholegrain Rice & Green Beans	Cumberland Sausage Slice with Wedges & Beans	Beef Chilli Tacos with Tortilla Chips & Salad	Fish Fingers with Chips & Garden Peas
	Meat Free Burritos with Salad V	Vegetable & Lentil Stew Ve	Tomato & Basil Pasta V	Vegan Jambalaya Ve	Veggie Sausage Roll with Chips & Garden Peas V
CHEF SPECIAL	Ask Chef about today's special!				
DESSERT	Fresh Fruit Salad	Apple Flapjack	Iced Sponge Cake with Custard	Sticky Toffee Pudding	Cheese & Crackers

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 8



w/c 15 th June		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice				
HOT MAINS	Quorn Mince Cottage Pie with Seasonal Vegetables 				
	Broccoli & Cream Cheese Pasta Bake 				
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad				

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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